WC Division of Warren County Community Senior Center **Aging & Disability** Services 2024 Hackettstown Activity Calendar 1-877-222-3737 908-475-6591 Monday Tuesday Wednesday **Thursday** Friday **New & Notices** Hackettstown **Community** YOGA WITH LIZ **Senior Center** 11AM 293 Main St. Hackettstown, NJ 908-850-5438 11am ZUMBA WITH **Holiday-Closed** TAI CHI SANDY YOGA WITH LIZ 11 AM **Preventative Services** 11AM Presentation DNGO with Jess 11-12 noon 11 13 14 15 11am ZUMBA TAI CHI YOGA WITH LIZ WITH SANDY 11AM **11 AM Holiday-Closed** 21 19 22 Virtual November Gift Card 11am **RUTGERS Exercise** is raffle TAI CHI YOGA WITH LIZ **NUTRITION** available via **ZUMBA WIGH** 11AM SANDY zoom call 11 AM 908-475-6591 25 26 Atlantic Health System ZUMBA WIGH for more info. **Holiday-Closed Holiday-Closed** PRIDE

SANDY

11 AM

Joint and Back Pain 101

with Dr. Wong 11-12 noon